

# Meals/Food Pantry

The City of Tahlequah has put together a comprehensive list of food pantries and organizations in Tahlequah, OK, that provide free or discounted meal services.



**CARE Food Pantry** - CARE provides food for emergency needs, guidance and support for those dealing with hunger issues, and a clearing house for info on hunger concerns in the Tahlequah Area. Clients of Care Food Pantry may also now visit **EVERY 30 DAYS**.

- 918-458-5338
- 315 Oak Street

**Hands of Grace Warehouse** - Zoë Institute operates the “Hands of Grace” warehouse. Families can access the warehouse four times within a four-month period. Items available vary but typically include food, paper products, clothing, hygiene items, diapers, and household items. *Voucher from Zoe Institute is required.*

- 918-453-9778
- 18929 E. Bluebird Lane

**Feed My Sheep** - Tahlequah Feed My Sheep is an all-volunteer organization, which provides nutritious meals for the hungry every Thursday from 5-6 p.m. All meals are served at the Tahlequah United Methodist Church Activities Building.

- 813-919-9500
- 301 W. Delaware Street

**Senior Citizen Center** - Citizens can enjoy a home cooked meal. Call to reserve space the day prior to eating. If this is your first time, paperwork needs to be completed. Over age 60, cost is \$1.75 for a meal, under age 60, cost is \$6.00 per meal.

- 918-456-0792
- 230 E. 1st Street

**Bread of Life** - The mission of Bread of Life is to serve Cherokee County as an emergency food resource for low-income, chronic need and also for crisis care clients.

- 918-413-5328 or 918-647-6021

**Tahlequah Day Center** - Their purpose is to equip people for the next step in their lives. They serve lunch every day of the week. Along with providing clothes, toiletries, and showers.

- 918-453-9778
- 309 S Muskogee Ave.

**Wisdom Keepers** - Lunch Monday thru Friday from 11:30-12:00. Under age 50 - \$5.00, over age 50 - \$3.00

- 918-453-9900
- 1284 W. 4th